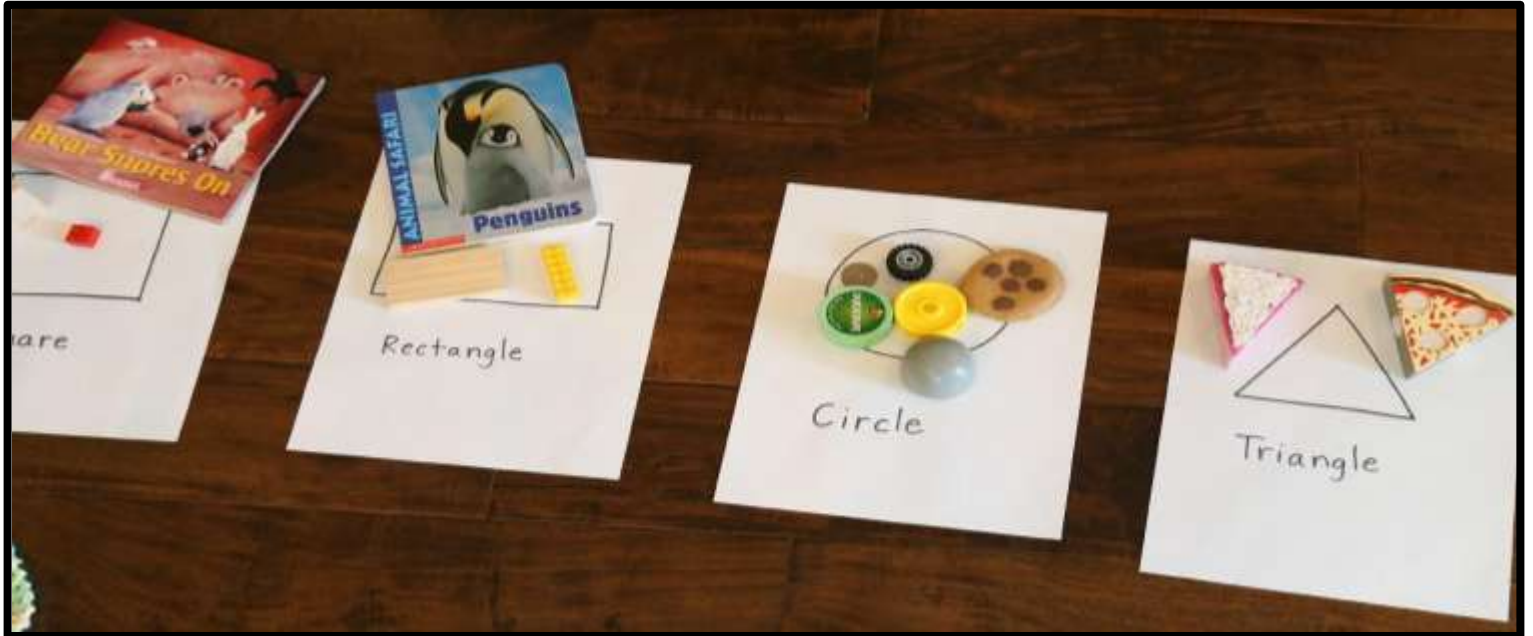


## Day – 1 – General Awareness - Shapes

Let's go on "The Shape Hunt".



**Material Required –**

**4 A-4 size sheets**

**Instructions –**

- 1. Draw different shapes (Triangle, Rectangle, Square & Circle) on A-4 size sheets as shown in the above picture.**
- 2. Give your child the sheet of all the shapes.**
- 3. Ask your child to go for scavenger hunt around the house for different shapes.**
- 4. Now let the child match the items with different shapes as shown in the above picture.**

## Day-2 Happy Republic Day

Let's learn and sing the patriotic song –  
**We Are Indians Bold And Free**



Refer to the following link.

<https://www.youtube.com/watch?v=HWVEa36CLmo>

**Instructions to open the link**

1. Right click on the above link.
2. Click on Open Hyperlink.

## Day – 3 Health and Fitness

Head Shoulders knees and toes- Action Time



Refer to the following link for the Action Song.

<https://www.youtube.com/watch?v=G8Z7GuBH-B4>

Instructions to open the link

1. Right click on the above link.
2. Click on Open Hyperlink.
3. Video will start on YouTube

Note- This activity will help the child to learn and do different yoga poses and will help them to keep active and light throughout the day.

## Day – 4 Number Toss Game



### Material Required –

- 1 chart paper
- 20 cut outs of number flash cards from 1-20

### Instructions –

1. Take a chart paper and paste the number cut outs on it.
2. Paste the chart paper on the wall.
3. Now give a ball to the child and call out any 1 number.
4. Then ask the child to hit that number using the ball.

**Note – This game will help the child to learn and recognize numbers from 1-20.**

## Day 5 - हिंदीराइम

'नानीनानीसुनोकहानीएकथाराजाएकथीरानी'  
राइमकोऐकशनकेसाथकरें-



नानीनानीसुनोकहानीएकथाराजाएकथीरानी -  
राइमकोदेखनेकेलिएनीचेदिएगयेलिंकपरक्लिककरें।

<https://www.youtube.com/watch?v=8uGPFTzXNKY>

नोट

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यह बच्चे की संगीत योग्यता

, और भाषा को बढ़ाने में सहायता करेगा।